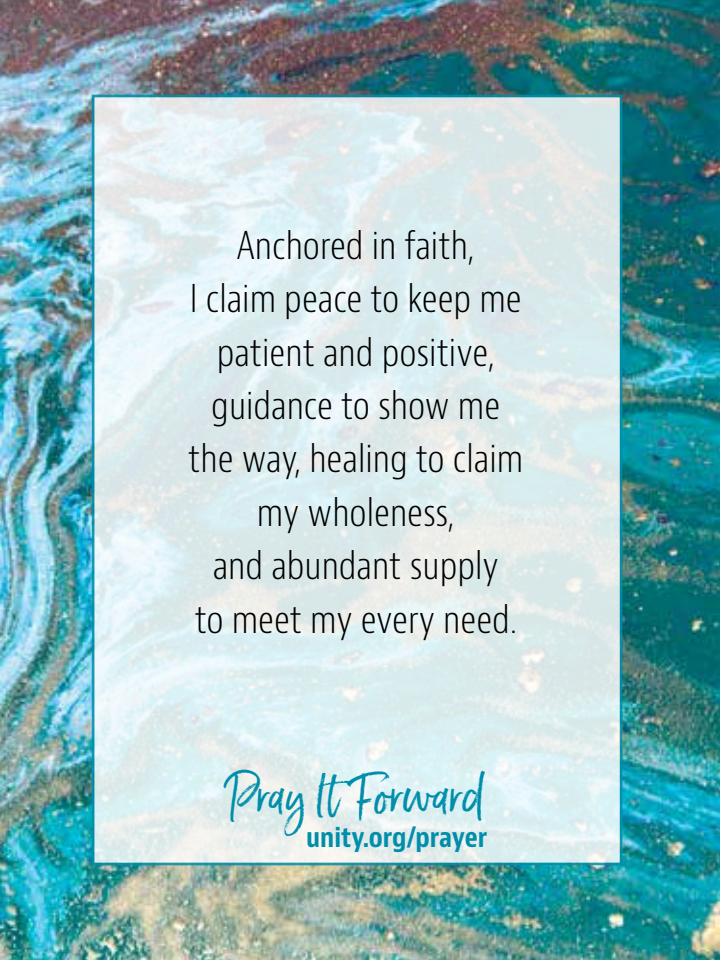


God's life and love flow
within my mind and body
as a steady stream
of healing energy and
strengthening power.
My body is well, my heart
and mind are at peace.

Pray It Forward
unity.org/prayer



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Anchored in faith,
I claim peace to keep me
patient and positive,
guidance to show me
the way, healing to claim
my wholeness,
and abundant supply
to meet my every need.

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God is my strength,
my substance, my source,
and my supply.
I open my mind
to divine ideas,
and I am grateful
for the flow of good
in my life.

Pray It Forward
unity.org/prayer



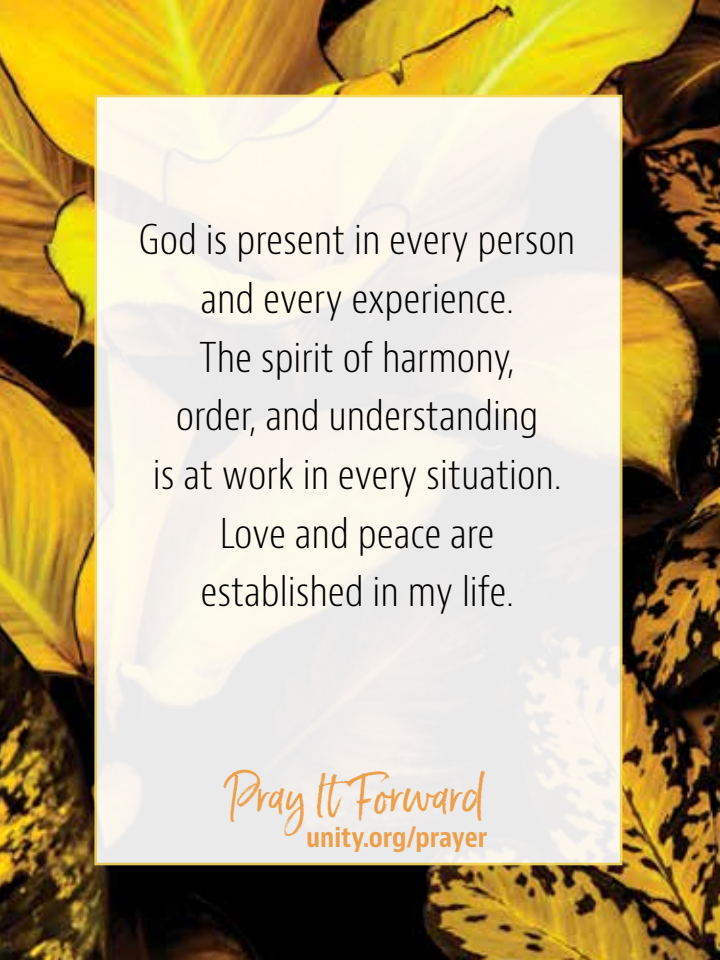
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I have all the patience,
courage, and wisdom
I need to follow
the guidance of Spirit.
I know the right path
will be revealed,
at the right time,
and in the right way.

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God is present in every person
and every experience.
The spirit of harmony,
order, and understanding
is at work in every situation.
Love and peace are
established in my life.

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